



An innovative Belgian brand

Vera Sana is the first brand to offer a complex based on soil bacteria comprising as many strains and bacteria per capsule. The soil bacteria in Florasana are naturally resistant to stomach acid and easily reach the small intestine. They act in synergy with Lactobacilli and Bifidobacteria. The formula was developed and manufactured in Belgium. It does not contain added colours, glutens, sugars and yeasts. The dosage is adaptable to each age.



**Provera**  
Natural and Organic Products

Vera Sana is a trademark of Pro-Vera s.a. Avenue Thomas Edison 80 1402 Thines (Nivelles) - Belgium



Dispose of carefully, do not litter.



**17 15**  
Strains Billion per 3 gel capsules

## FLORASANA BIOTICS

Innovative synergy – Soil bacteria  
Multi-strain ferments

**30 - 60** DAY COURSE

In the past, humans regularly came into contact with soil bacteria thanks to their relationship with nature and their consumption of fruits and vegetables from the garden. These bacteria contributed to enzymatic digestion, antimicrobial defence and stimulation of the immune system.

Today, we know that these soil bacteria are essential for our health and act in synergy with lactobacilli and bifidobacteria. The absence of soil bacteria even contributes to the development of certain disorders. (slow digestion, weaker immunity, predisposition to chronic inflammatory bowel disorders, predisposition to food allergies/intolerances, etc.).

Due to their numerous virtues, many countries use specific soil bacteria to ferment medicinal plants (fermentation of miso and natto, etc.).

## DID YOU KNOW?

The **WHO** defines probiotics as «living microorganisms which, when ingested in sufficient quantity, have positive health effects beyond traditional nutritional effects».

Probiotics include lactobacilli and bifidobacteria as well as soil bacteria. The first two are found in various foods fermented with live active cultures such as yoghurt, sauerkraut, sourdough bread, etc. Soil bacteria are found in certain fermented foods (miso, natto, etc.) but also on vegetables and fruits grown in the soil.

The strains selected in Flora Sana Biotics have a specific strain number guaranteeing a controlled origin, GRAS (Generally Recognised As Safe) status, a specific human origin, natural resistance to digestive juices, adhesion to the intestinal mucosa and proven viability/stability over time. Soil bacteria, however, demonstrate the highest viability/stability rate of all strains. As a result, they reach the small intestine faster and increase the effectiveness and benefits of a synergy of probiotics.

## What about you? Do you need **FLORASANA** to strengthen your flora?



Have you taken antibiotics more than one month in a row or several times in the same year?



Do you have chronic intestinal disorders (constipation, diarrhoea, cramps, autoimmune origin)?



Do you have chronic digestive disorders (slow digestion, bloating, etc.)?



Have you experienced weakened immunity or food intolerances/allergies?



Have you seen few or no results with conventional probiotics?



Do you only occasionally eat vegetables and fruit from the ground?



Is your personal hygiene and/or use of disinfectants excessive?



## WE RECOMMEND...

For adults, take 1 to 3 capsules of Florasana per day, before a meal. Children can take 1 capsule to be opened and diluted in a little water or liquid if necessary. Authorised during breastfeeding and pregnancy. Treatment recommended from 1 to 3 months. Can be combined with the other products in the Vera Sana range such as Colon Sana and Aloe Vera drinkable gel/juice.

**A dietary supplement is not a substitute for a varied diet and a healthy lifestyle. Do not exceed the recommended daily intake.**